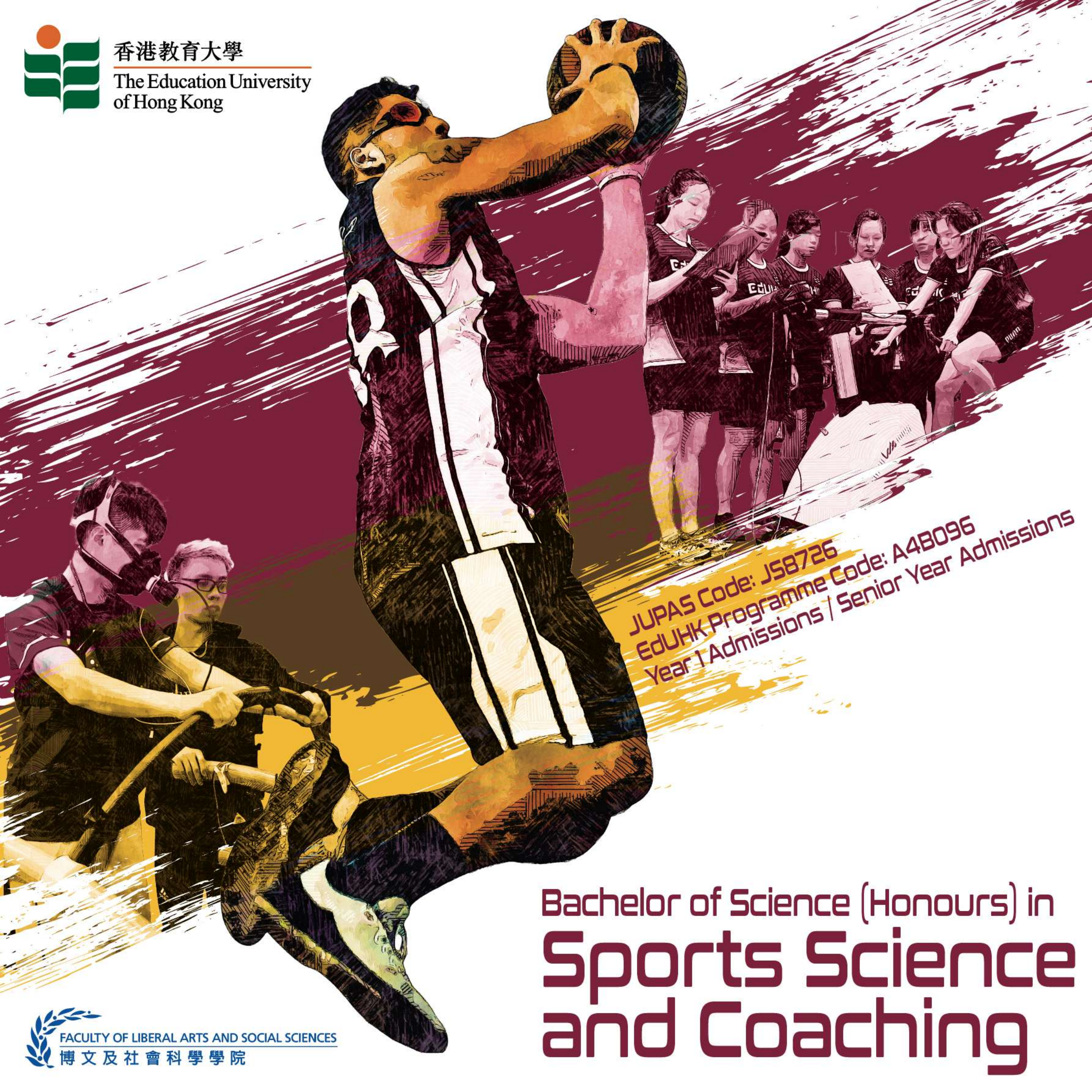




香港教育大學

The Education University
of Hong Kong



JUPAS Code: JS8726
EdUHK Programme Code: A4B096
Year 1 Admissions / Senior Year Admissions

Bachelor of Science (Honours) in Sports Science and Coaching



FACULTY OF LIBERAL ARTS AND SOCIAL SCIENCES

博文及社會科學學院

Programme Aims

The programme aims to prepare competent sports science and coaching professionals. It equips students with essential knowledge and technology in sports science, coaching and performance with practical experience. The programme will also address the urgent community and market needs of improving personal performance and health by providing professional guidance and advice through active participation in physical activity, exercise, or sports.

Programme Features

Students who are admitted to the programme through Year 1 admissions will be eligible to select one of the two strands, namely Sports Coaching, or Digital Technology and Sports, in their Years 3 and 4 studies.

The programme transforms students into professionals in sports coaching or sports technology through the following iconic features:

- The internship training opportunities in Hong Kong, the Greater Bay Area, and overseas sports organisations will provide an excellent chance for students to have a dialogue with sports leaders, build connections, enrich knowledge and skills, and lay a foundation for their future careers;
- Integration of the subject knowledge of sports science, coaching, technology, and life education provides comprehensive training, leading to a wide range of career paths; and
- Teaching cutting-edge knowledge by a professional team with leading roles in sports and life education allows students to keep ahead of peers and seize opportunities, striving for success and excellence in the academic field(s) and workplace.



Experience Sharing

LIU Zhining Year 2 Student

“My first year of study at EdUHK was both exhilarating and rewarding. First of all, I built a strong friendship with lots of students from Hong Kong, Mainland China and overseas, and having a close bond with professors and academic advisors. All of them are very nice and helpful. I gradually got used to the environment of EdUHK and Hong Kong, and I am very well. Secondly, the programme curriculum is well-constructed. It leads me to the academic field of sports science and coaching through comprehensive and fundamental courses. The learning experience in this programme has broadened my horizons and helped me identify my career goals in the field of sports management. I truly appreciate the valuable learning opportunities provided by this programme and EdUHK.”



HUI Wing Yan 2024 Graduate

“During my internship with the Business Development Team at the Kai Tak Sports Park (KTSP), I experienced the excitement and wonder of this highly anticipated landmark. I gained invaluable knowledge in market research, strategic planning, and event management. Learning from professionals in the sports industry and being part of the KTSP Education Programme equipped me with the skills and experience for my future sports career. Being part of this new sports landmark’s early years created lasting memories.”

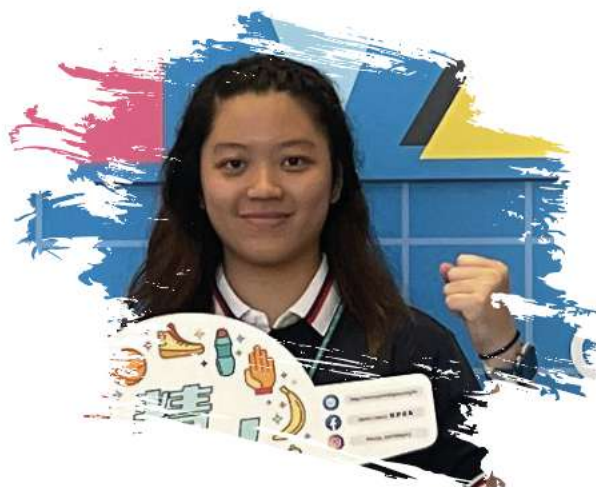
LI Yan Tung Year 3 Student

“I am currently a member of the Elite Squad of the Hong Kong Life Saving Society. I am grateful for the unwavering support and care I have received from my teachers and classmates across different faculties. The university's flexible class arrangement and support from my peers allowed me to focus on my competitions and achieve dual development in both my studies and sports career. Finally, I am thrilled to announce that I have won a gold medal in the “Line Throw (Female Youth)” in the Lifesaving World Championships 2022, thereby bringing glory to Hong Kong. My heartfelt thanks to EdUHK for the unconditional support!”



YUM Ka Chun Year 3 Student

“I have learned so much about sports science and coaching philosophies. This knowledge helps me develop my own unique coaching style for my future career. In addition to my studies, I have also joined a number of U-teams and it has been amazing! I made many new friends and had the opportunities to try out different sports. This not only helped me discover more about myself and my passion, but also enhanced my communication and interpersonal skills, which would surely be beneficial for career development.”



LI Hau Yi 2024 Graduate

“My summer internship at Sports Legacy Company Ltd was an unforgettable experience. I learned event management, gaining valuable skills for my future career. The hands-on experience boosted my confidence and prepared me for new challenges. With supportive supervisors and colleagues, the on-the-job training was invaluable. I am grateful for the opportunity to learn and grow with them, cherishing the memories and lessons from the internship.”

HUI Zachary Year 3 Student

“The Student-Athlete Learning Support and Admission (SALSA) Scheme at EdUHK has been instrumental in helping me pursue a dual-track development. As a professional football player in the Hong Kong Premier League, it is challenging to strike a balance between training and study. However, I have received all-rounded assistance in learning and teaching from the University, professors, and academic advisors. Their support allowed me to find a perfect balance and achieve my dreams and goals. I would like to extend my heartfelt thank you to them for their unfailing support!”



LI Wai Kiu Ruth 2024 Graduate

“I am passionate about enhancing people’s physical and mental well-being, and I dream one day, all of the people can live happily. In the last few months of my study in the BSc(SPSC) programme, I chose to apply for a Master’s degree programme majoring in therapeutic play and well-being, and I finally got an admission offer. The majors of my undergraduate and postgraduate study are a little bit different, but the attributes and skills that I acquired from the BSc(SPSC) programme helped me stand out from other competitors from fierce competition. The observation ability, listening, communication and questioning skills, and evidence-driven mindset that I acquired and developed allowed me to be a capable candidate. I can say the subject knowledge and the generic skills that are essential in the 21st century learned from this programme open up diverse opportunities for me!”



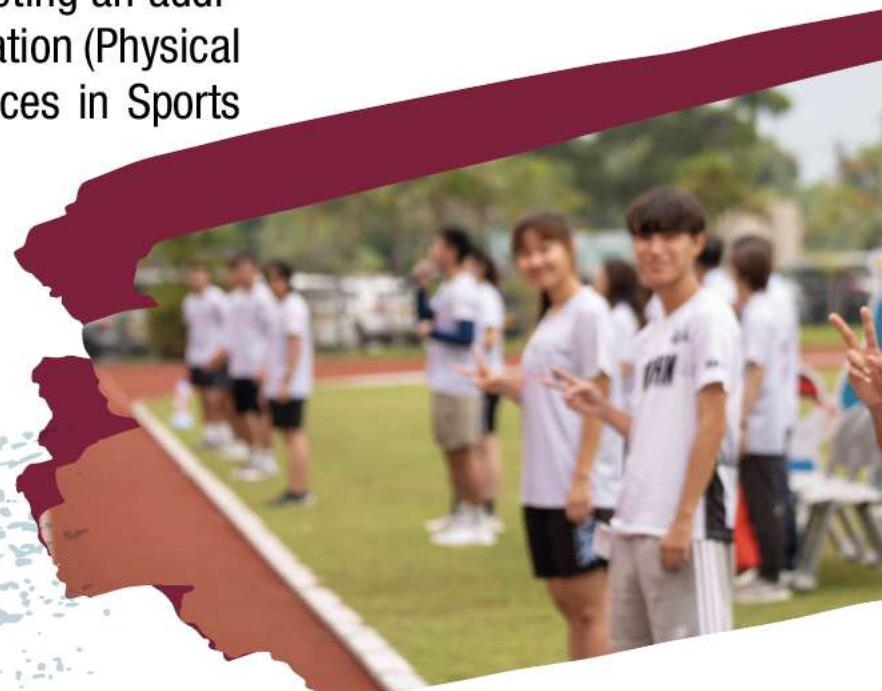
Programme Structure

Domain		Credit Points	
		Year 1 Admissions	Senior Year Admissions
Major	Major Core	48	24
	Cross-Faculty Core Course	3	3
	Living and Working in Our Country	3	/
	Major Interdisciplinary Course	3	3
	Internship	3	3
Minor/ Electives	Programme Package	9	6
	Minor / Elective	15	9
General Education		22	6
Language Enhancement		9	/
Final Year Project (Honours Project / Capstone Project)		6	6
Total		121	60



Career Prospects

Students are prepared for a wide range of careers in the sports industries, including the commercial sector (e.g. sports coach, sports and recreation officer, personal trainer, sports event manager, sports marketing consultant, etc.) and public sector (e.g. LCSD assistant leisure services manager, sports science officer, strength and conditioning coach, camp manager, etc.). Graduates may choose to pursue a teaching career by completing an additional year of professional teacher training (e.g. Postgraduate Diploma of Education (Physical Education)) or undertake further studies locally (e.g. Master of Social Sciences in Sports Coaching and Management offered by EdUHK) or overseas.



Entrance Requirements

Year 1 Admissions

HKDSE students should have:

- Level 3 or above in Chinese Language and English Language; and
- Level 2 or above in Mathematics (Compulsory Part); and
- “Attained” in Citizenship and Social Development; and
- Level 2 or above in two elective subjects.

Shortlisted applicants may be required to attend an interview.

Senior Year Admissions

Applicants should normally hold

- an Associate Degree in related disciplines from any recognised institutions; or
- a Higher Diploma in related disciplines from any recognised institutions.

Applicants who possess equivalent qualifications will be considered on a case-by-case basis. Shortlisted applicants may be required to attend an interview.

We are **Elite Athlete Friendly University**.
Elite Athletes are welcome to apply for the programme.



Admission Enquiries



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admission@eduhk.hk



www.apply.eduhk.hk/ug

Programme Enquiries



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As the 2025/26 academic year is the beginning of the 2025/26 - 2027/28 triennium, the programmes to be offered in the 2025-28 triennium with allocation of UGC-funded places are still subject to the Government's approval.

Every effort has been made to ensure the accuracy of the information contained in this leaflet. Changes to any aspects of the programmes may be made from time to time as due to change of circumstances and the University reserves the right to revise any information contained in this leaflet as it deems fit without prior notice. The University accepts no liability for any loss or damage arising from any use or misuse of or reliance on any information contained in this leaflet.

Any aspect of the courses and course offerings (including, without limitation, the contents of the course and the manner in which the course is taught) may be subject to change at any time at the sole discretion of the University if necessary. Without limiting the generality of the University's discretion to revise the courses and course offerings, it is envisaged that changes may be required due to factors including staffing, enrolment levels, logistical arrangements, curriculum changes, and other factors caused by change of circumstances. Tuition fees, once paid, are non-refundable.

Students admitted into this programme are required to visit the Greater Bay Area (GBA) and/or other parts of Mainland China. The programme may also require students to participate in other non-local learning experience for completion of the programme. While the visits are subsidised, students are required to contribute part of the estimated cost of the visits ('students' contribution'), whereas any personal entertainment, meals expenses, travel document fee and personal insurance costs shall be at students' own expense. The estimated cost of the visits and students' contribution for students admitted to the coming cohort is yet to be available due to a variety of factors such as inflation of cost of the visits, trip duration, traveling expenses, the exchange rate, etc.